Nolensville Pike Community Guide

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We would like to welcome you to the most unique and diverse, International neighborhood in Nashville, TN -- Nolensville Pike Community. With over 160 Food/Restaurant options, 106 Beauty/Fitness related businesses, 124 Auto/Repair locations, and 90 Home/Improvement businesses -- and that's just the beginning of what you'll find here. The Nashville Zoo at Grassmere is located roughly mid-way down Nolensville Pike, in the heart of several world food markets. Plaza Mariachi is just up the road from the Zoo, offering live music, food and art, as well as many playful possibilities for families and adults within the same location, such as Tito’s Playland, Baskin Robbins, GameStop, and more.

Travel 7 miles, and travel the world. Only on Nolensville Pike
The first community guide for Nolensville Pike Community offers locals, visitors and tourists ways to navigate through the neighborhood’s many delightful landmarks, and more. For the first time, the neighborhood is roughly mapped, so that you can plan your trip here... or know where you are once you’re here.

GETTING HERE

BY BUS: WEGO Bus Route 52. See next page for map.

BY CAR: Nolensville Pike can be accessed from either I-65 or I-24 at the Harding Place Exit.

From I-24: Exit Harding Place (#56) on the east side of Nashville and head west about 1.5 miles to Nolensville Pike.

From I-65: Exit Harding Place (#78A) on the south side of Nashville and head east to Nolensville Pike about 2 miles. From I-440: Exit Nolensville Pike (#6) on the south side of Nashville.

This guide is brought to you by Conexión Americas, through a grant Create Your Community Map: Nolensville Pike, 2017-2018.
I first met Ruben Torres at Harvest Hands Development Corporation, an excellent after school program in the Napier community in South Nashville, when I was there volunteering one day. I had wanted to meet the muralist who had depicted by hand, and with such incredible detail, the photograph of now deceased Harvest Hands founder embracing a homeless man, beside the motto for Harvest Hands. I had been so impressed by his work, all over the Harvest Hands buildings -- I just had to meet him! Since then, we’ve begun to collaborate as community artists, and I am honored to call he and his wife, Jael, who leads the job training program at Harvest Hands – friends. Ruben, Jael and their teenage sons live in the South Nashville community. I had no idea that Ruben has hand-painted so many signs and murals along Nolensville Pike, as well as around Nashville and Tennessee.

ABOUT THE ARTIST

Ruben Torres is an independent artist from Mexico who enjoys working on projects that provide him the freedom to use his creativity, layout and design skills and knowledge in different techniques, especially in murals. He also enjoys smaller works that are abstract but contain specific meaning, where the main actor is the human figure expressing his values, feelings and relationships. Torres has opted for this form of expression because he thinks the viewer has a right to contribute to works of art. Although his works contain a specific meaning, he enjoys listening to people give their own interpretations, which make his personal work universal. Torres is essentially self-taught, although he has taken several arts-related courses with well-known Mexican artists.
EXPERIENCE
Ruben Torres has 38 years of experience and has been painting and drawing since he was eight years old. In his formative years he painted realistic landscapes, which helped him learn how to master color and design using oil-based paints. He later focused on pencil portraits but continued with oil-based paintings, which helped him perfect his drawings, given the demanding nature of portraiture. In his 20s, Torres studied and imitated the masters of classical art through different mediums including pastels, acrylics, frescoes and a continuation of oil painting. In the 1990s, Torres found his personal style after a long search. This style is abstract but meaningful – that is to say, it employs realism in its simplest form. In most of his work, the human figure can be seen in different situations, including interpersonal relationships, and involved in a range of themes including friendship, family, music and religion among others. In the late 1980s, Torres began to use his artistic skills to do commercial work and combine it with art, which he continues today. This combination has given him the experience of completing difficult, large works that necessitate the use of scaffolding and ladders. In 2005, Torres worked with the renowned Mexican painter Pedro Banda on his mural, “The Wealth of Tamaulipas,” at La Casa de Cultura de Tamaulipas in Mexico City. This experience greatly enriched his work. (difficult translation) As a self-taught artist, Torres' influences include the great masters of Mexican muralism: Diego Rivera, Jose Clemente Orozco and David Alfaro Siqueiros. Torres' study of their monumental works in Mexico City has helped him know what to do when faced with a blank wall.
Hand Painted Signs by Ruben Torres along Nolensville Pike

Burgess Auto Sales
Allstate Auto Sales & Service - Used Cars
Los Amigos Mechanic Shop
Collision Center
M & M Used and New Tires
Amigo Tires
USA Tires
TN Motors Auto Sales
La Colmena Dulcería y Nevería
Dunya Kabob Restaurant
ABLE Restaurant Supplies
Variedades Latinas
Carnicería y Taquería Don Juan
Pupusería Reyna La Bendición
Oscar’s Barber Shop
Mercado Latino
La Metapaneca Restaurant Salvadoreño

New Day Auto Sales
Towns Used Tires
Latino Tires
City Tires
Quality Cars Auto Center, Inc.
A & A Imports
El Amigo Taquería
Fresh & Fresh International Market
Fonda el Cubilete Restaurant
F 1 Tires
S & S Tires
Essy Auto Repair
Nashville Auto Repair
Prime Autoplex
Auto X-ray
Taquería Santa Anita
La Ilusion Bridal Shop
Tire Shop (Auto latino)
Auto Latino Auto Sales
Exotto Auto Sales
Born in Tamaulipas, Mexico in 1967, Ruben Torres has been actively pursuing art for the past 38 years. Torres is essentially a self-taught artist, largely influenced by the great masters of Mexican muralism -- Diego Rivera, Jose Clemente Orozco, and David Alfaro Siquieros. After many years of exploration, Torres began to distinguish his own personal style, which can be described as figurative symbolism, where the realistic figure is abstracted or simplified. Torres arrived in the USA in 2006 to continue his career in the arts, advancing his own work, and creating numerous large-scale commissioned murals for public and private settings throughout Nashville and beyond.

It is important to me that the audience has a right to contribute to the artwork, and although my work has meaning when it is created, I enjoy listening to people giving their own interpretation, which is always different than mine. I think that although the artwork is born from a very personal concept, its ability to personally connect to the viewer and draw out an emotional response makes it universally significant.

~ Ruben Torres
It is February of 2018 and I’m interviewing artist Daniel Arite at a local favorite for meetings, music and gatherings of all kinds – Flatrock Coffee, Tea, and More. It has been 17 years since I first met him and his wife, Thandiwe Shiphrah, an accomplished artist in her own right. For more about Thandiwe, see her Neighborhood Profile, next. In 2000, the couple moved from New Mexico to Nashville and they both have been active participants in the arts community ever since. Recently, I caught up with Daniel when I took part in “Impressions: A Celebration of Woodbine,” a public art project he led that focuses on the neighborhood they have lived in since 2005.

Opening to Inspiration

Daniel started sketching and drawing in his 20s and taught himself to paint by reading books, studying the work of artists he admires, and carefully observing the world around him. In New Mexico, where he grew up, he often attended musical events and began dabbling in portraiture while waiting around for concerts to start. Sometimes while the music was being performed, he would make loose sketches of people he found fascinating, blending in the ambiance of the venue and letting the energy of sound guide his hands. Later he would add color to the sketches and incorporate images from his mind’s eye. This fascination with people and environments continues to spark his imagination and drive his approach to drawing, painting, and mixed media. The possibility of finding new avenues of expression is what most excites Daniel about artmaking. That excitement is clearly evident when he talks about Another Doorway in Paradise, an ongoing series of paintings he began while on a retreat in Barcelona that was inspired by the people and architecture he photographed there.

Sharing Art, Inspiring Creativity
Some of Arite's artworks are based on dreams and have a surrealistic quality to them. For more information about Daniel Arite’s visual art visit Daniel Arite Art.

Daniel is also a composer and a musician and he and Thandiwe often perform in a poetry and music duo called The Bosch Institute. You can listen to some of their compositions and recordings at Daniel Arite Music.

Daniel's musical abilities include being a guitarist, and being able to play the banjo, fiddle, and mandolin.
Woodbine Community Mural
The Art of Collaborating

"Impressions" is a collaboratively-created traveling mural that highlights the history, diversity and rich cultural make-up of the Woodbine neighborhood. The project was funded in part by Metropolitan Nashville Art Commission’s THRIVE micro-funding program, which aims to build, strengthen, and cultivate communities in Nashville and Davidson County. Lakesha Moore and Alex Norris supported Daniel on the project by contributing their artistic talents to the painting and providing hands-on encouragement to participating neighbors and visitors to the area as well as friends who dropped by to express their enthusiasm about the project. A total of fifteen people had a hand in drawing and painting the “Impressions” mural. Daniel gracefully guided everyone to freely express themselves on the mural’s 27 panels, encouraging optimism, not perfectionism. It was a lovely time. Neighborhood support by Coleman Park Community Center provided a public space for the art making process, which was completed in seven sessions held over four months. Flatrock Coffee, Tea & More is one of three venues to house the finished artwork. “I enjoy collaborating with individuals, businesses, and non-profits and I was excited that this project attracted professional artists as well as people who had never drawn or painted before.”

In addition to Moore, Norris, me and Thandiwe, collaborators included Tara Frechea, Stephen Jones, Janey Jones, Mike Sanchez, robert bruce scott, Robin Shoemaker, Ted Shoemaker, Raquel Stevenson, Rubin Torres, and Jon Wolfe. Daniel unveiled the “Impressions” mural on March 3 at Flatrock Coffee, Tea & More, where it remained for a month before heading to Track One in the Wedgewood-Houston area for a month-long exhibit. A third exhibit is scheduled for the Neighborhood Resource Center, located at Metro Center. While the “Impressions” mural is being shared with the broader community, Daniel will continue adding to the series Another Doorway in Paradise and he looks forward to new and creative ways to engage with residents of Woodbine. He and Thandiwe are both roster artists of the Global Education Center and have hosted events at its satellite studio on Nolensville Pike. They hope to do so again in the near future.
Writer, stage performer, and visual storyteller, Thandiwe Shiphrah has made it a practice over the past 25 years to share the arts in every community in which she finds herself. She is known in Nashville for creating “poetic happenings” that blend poetry, music, monologue, creative writing, and collage into interactive performances and unconventional workshops. These lively gatherings inspire us to get to know ourselves and our neighbors better. They reflect her love of the arts – particularly poetry – and embolden us to tap into our own creativity and live from the heart. Thandiwe likes living in south Nashville because of its diversity, affordability, and accessibility. “You really get to know your neighbors here. Everyone is very friendly.” She has led several art projects in the Woodbine neighborhood, both independently and in collaboration with her husband, Daniel Arite, with other local artists, and in partnership with churches and cultural institutions in the area. Last year, Thandiwe created a workshop series called Walking in Rhythm and presented it in collaboration with the Global Education Center, which has a satellite studio on Nolensville Pike. Participants used poetry as prompts to explore pedestrian safety issues in south Nashville, to identify traffic hazards, and as a way to share their ideas, perspectives, and experiences with one another. For Thandiwe, it was also an opportunity to tell her neighbors about Fannie Williams, an African American quiltmaker and a lifelong resident of Woodbine who worked tirelessly on behalf of its residents. Just off of Nolensville Pike and Whitsett Road there is a street named in her honor. It is adjacent to Patterson
Memorial United Methodist Church, where she was an active member for more than 70 years. “I first learned about Fannie Williams from a fellow member of Woodbine United Methodist Church, shortly after I joined their congregation. I was so inspired by her dedication to this community that I decided to do whatever I could to spread the word about her art and leadership.” Thandiwe is working to complete a video project that showcases the work of several local artists. In it she pays tribute to Fannie Williams in poetry, imagery, and song. “Fannie Williams left a legacy of caring, compassion, and responsibility for the quality of life in this south Nashville neighborhood and in communities beyond it. I want people to know about her and I want them to know how much she contributed to Woodbine.”

Another favorite project is The Gemstone Poets Workshop, a program she developed for aspiring writers age 50 and older. In 2015, Woodbine United Methodist Church hosted the two-hour weekly sessions over four consecutive weeks. Participants recited classic and contemporary poems, wrote their own poetry, and shared their writings with each other. “It was such a wonderful way of honoring the elders in the church while helping them craft their stories into poetic forms. Several of those who attended the workshop are still writing poems today.”

Thandiwe believes strongly in poetry’s capacity to develop our creativity and the unique ways that it can bring people together to enhance community life. Fifteen years ago, she created the Line Breaks Literary Reading Series for just that purpose. The program was adopted in 2008 by the Global Education Center and is now one of the longest running literary arts programs in Nashville and the only one solely dedicated to using poetry and storytelling to build bridges of understanding between people of diverse cultures. Line Breaks features emerging and nationally-renown writers and performers, both visiting and local, in intimate settings that allow audiences greater access to the artists and significant time to engage them in discussion of their work.

Featured poets and storytellers have included Jimmy Santiago Baca, Kate Daniels, Joy Harjo, Kurtis Lamkin, David Mura, Sonia Sanchez, Tasneem Grace Tewogbola, and Frank X Walker. Thandiwe continues to host and curate Line Breaks and will be celebrating the series this April with a look back at its 15-year history.

For more information about Line Breaks, click here. Thandiwe's paintings and collages are surprising, bold, and colorful. Her poems and poetic happenings spark an awakening and an awareness of our connection to each other.

She is truly a gem of inspiration in Woodbine and the larger Nashville community.
To learn more about her projects, workshops, and performances, visit www.thandiweshiphrah.com and www.musewisdom.com.

“Inspiration happens in inspiring places.”
- Thandiwe Shiphrah
I'm so grateful he was able to give me some of his valuable time away from the duties of the restaurant, in order to grant this profile and be available for an interview. A generous, hard working, friendly, and wise man, Memet told me of his history prior to creating Istanbul Restaurant, fifteen years ago. In order to pay rent and support his family, he worked at two restaurants and a numerical cylinder factory, for 12 years. In each work situation, he worked his way up to greater responsibilities. For example, at Luby's Restaurant, he began as a dishwasher, four weeks later became the butcher, and eventually was head cook. During those twelve years, there was no vacation, no time off. At that time, he was working 130 hours a week to support his family. Memet hadn't cooked prior to working at Luby's for seven years, but as we talk, I'm sampling the lentil soup, homemade hummus, fresh pita and a chicken gyro. All are fresh, savory, amazing. Memet also says he spends a lot to make the right baklava, but it's worth it, to make it right by hand.
To order from or visit Istanbul Restaurant, please visit the following link: [http://www.istanbulrestauranttn.com/](http://www.istanbulrestauranttn.com/)

As an example of his graciousness, when I went to pay for the chicken gyro I ordered, for all the extras were FREE, he would not take my money. Not only that, he asked if I wanted anything else to take home. I didn’t want to take advantage, so asked for one piece of his baklava, which I adore, and he gave me two. That’s the kind of gentleman he is. So, if you have a lunch meeting or big party, you should consider eating at Istanbul, for the excellent food, and for the smiles of true Nolensville Pike neighbors, for the past fifteen years.

I can attest that this baklava is incredible. Sadly, in 2002, Memet’s Mother passed away, and he was unable to attend her funeral back in his home country. That sad event was a point of change for him, because he decided to open his own restaurant, Istanbul at that time. He recalls that he had only one jacket when he arrived in the USA in 1991. One jacket, he repeats, and I understand how far he has come, to bring his family over from his home country so they could all be together at home. Now he is so successful, although this year has been slow so far, that he envisions opening another location in addition to Istanbul Restaurant on Nolensville Pike. His story is amazing, and is as close to the American Dream as you can get. He works for his family, friends, neighbors. New folks who come in are neighbors, and given a free cup of lentil soup or 10 percent off their order. For large parties and take out orders, Memet provides a 10 percent neighbor discount. Memet’s been providing amazing kibbeh, gyros, shish kebab, and more the same way for the past fifteen years. He insists on keeping it friendly, and that all his customers become neighbors.
Karen and Steve Estevez-Gill are the delightful and hard working couple who co-own Flatrock Coffee, Tea, and More. I can’t say enough how much their coffeeshop means to the community of Nolensville Pike. From local advocacy meetings, a women’s business leaders group, monthly Flatrock Poetry Open Mic, and regular local music options -- this a neighborhood hub on many levels.

Since July 12, 2014, Karen and Steve Estevez-Gill have been up and running, with their outstanding shop, Flatrock Coffee, Tea, and More. They offer range of amazing coffee drinks, as well as a wide variety of herbal teas, beer and food. Six days a week, Karen and Steve are at it, running the business each morning, from getting up at 4:30 am to start the work day, to getting home late at night after closing. They are true entrepreneurs. Karen and Steve met in 1984, and have been married for 32 years. They are a great team at the counter, making food and beverages, and serving up their fare directly to your table. What keeps them going is their love for the neighborhood, which was friendly at the start, but so much more interconnected to the coffee shop now that they’ve been in business for almost four years this July. Karen is able to take time to speak with me on a Friday morning at eleven, sitting down at one of the casual wooden tables across from me. Her vision for the future is to learn even more about the food service industry, and expand to be even more involved in the neighborhood.

www.flatrockcoffee.com
and expanding what is already happening at their cafe. Flatrock Coffee, Tea and More already is hosting, and wants to expand: neighborhood meetings, music, and poetry. About five organizations host their meetings at “Flatrock” as locals call it, as well as Metro government workers and leaders – including arts, codes, police, and others. Their challenges are to provide a consistent level of parking, and fortunately at times Woodbine United Methodist Church has allowed them to use their parking lot for overflow. Other challenges are: money, “being seen”, keeping up with social media. Flatrock is sometimes hard to find if you don’t know what you’re looking for, as it is behind a barber shop. But it is a true gem in the community once you’ve found its marvelous, cozy and friendly space.

Over the years, Karen and Steve have also built and fostered community by responding creatively to what they saw as some nonprofit organizations in the community duplicating effort on limited resources. As a solution, Karen and Steve have introduced members of these very organizations to each other, and now she finds them meeting on their own at the cafe. “There is more coordination, more communication, in the community now.” “Every day is a success,” Karen says of the business. “We’re still upright and the door is open,” she jokes. “Our customers are awesome, and have become great friends.” So, although it’s a little hard to find, you really should take the time to find Flatrock Coffee, Tea, and More. I know you’ll be glad you did, and find another piece of home in the neighborhood.

For Karen and Steve, being more involved in the neighborhood means: being supportive of others in the community, and living up the role of good neighbor to everyone, including the other businesses around them. It also means taking care of Nolensville Pike, participating in neighborhood functions,
For all Nolensville Pike has to offer, scan the QR code above with your phone.

Art Directory

**BW Gallery**
bwgallery.business.site
1911 Nolensville Pike
(615) 497-0886

**Caza Azafran Art Gallery**
Casa Azafran Community Center
 Conexion Americas
conexionamericas.org
2195 Nolensville Pike
(615) 320-5152
en Español, (615) 269-6900

**Ceiba Art Gallery**
Plaza Mariachi, Music City
plazamariachi.com
3955 Nolensville Pike
(615) 373-9292

**PlateTone Printmaking Studio**
platetone.org
1919 Nolensville Pike
Local Artists

Daniel Arite
www.danielariteart.weebly.com
boschinstitute@yahoo.com

Arlene Martinez-Linger
ArlenelvetteMartinez@gmail.com

Tony Sobota
tonysobota.com
art@tonysobota.com

Ruben Torres
Instagram: rubensart_
artrubentoro@hotmail.com

Thandiwe Shiphrah
thandiweshiphrah.com
thandiwe@hotmail.com

Kyle Turco
kyleturco.com
kyleturco@gmail.com

Amy Weiss
amyleabethweiss.com
amyleeprints@gmail.com
For all Nolensville Pike has to offer, scan the QR code above with your phone.
**PRODUCE/GROCERY STORES**

**ALDI**
ali.us/en/weekly-specials/our-weekly-ads
3758 Nolensville Pike
(855) 955-2534

**Dollar General Market**
dollargeneral.com/?utm_source=googlebusiness&utm_medium=local&utm_campaign=localsearch_20170101
5445 Nolensville Pike
(615) 781-2745

**Kroger**
5771 Nolensville Pike
(615) 834-8666

**Maxwell Brothers Produce**
facebook.com/Maxwell-Brothers-Produce-
271977416168960
4606 Nolensville Pike
(615) 333-0091

**Osborne’s Bi-rite**
osbornefoods.com/locations.htm
3302 Nolensville Pike
(615) 833-8662

**Piggly Wiggly**
pigglywiggly.com/store/5127-nolensville-road-nashville-tn-37211
5127 Nolensville Pike
(615) 833-6256

**PRODUCE/INTERNATIONAL MARKETS**

**Al Rasoul Restaurant Market and Bakery**
facebook.com/Rasoulmarket14675288
36811566
367 Elysian Fields Road
(615) 818-0941

**Apna Bazaar, Indo, Pak, Bangla Groceries**
localservices.sulekha.com/apna-bazaar-grocery-store_nashville-tn_791894
3808 Nolensville Pike
(615) 333-0028

**Azadi International Food Market & Bakery**
facebook.com/pages/Azadi-International-Food-Market/141527322554185
391 Elysian Fields Court
(615) 315-0940

**Baraka International Market & Bakery**
facebook.com/Baraka-bakery-grocery-442612322518081/
5596 Nolensville Pike
(615) 333-8578

**Carnicieria Dominquez**
3709 Nolensville Pike
(615) 750-3629

**Central Market, Central Kirana Store**
4722 Nolensville Pike
(615) 712-6393

**Central Market, Central Kirana Store**
4722 Nolensville Pike
(615) 712-6393

**Elysian Market**
3815 Nolensville Pike
(615) 900-9880

**Fresh and Fresh International**
facebook.com/Fresh-and-Fresh-International-Market-
1470934376284873
3905 Nolensville Pike
(615) 832-7435

**InterAsian Market & Deli**
terasianmarket.com
2160 Nolensville Pike
(615) 742-3268

**International Food Mart**
206 Thompson Lane
(615) 333-9651

**JR Market**
5303 Nolensville Pike
(615) 833-2865

**K & S World Market**
4225 Nolensville Pike
(615) 832-8881
La Rancherita
Supermercado
la-rancherita-
supermarket.negocio.
site.com
3759 Nolensville Pike (615) 333-8410

La Vaquita Super
Mercado & Carniceria
2704 Nolensville Pike
(615) 251-9696

Lao Lanexang Oriental
Market
212 Thompson Lane
(615) 833-8824

Las Americas Market
Internacional and
Restaurante
facebook.com/Las-
Americas-Market-and-
Restaurant-Inc-
130247087059252
4715 Nolensville Pike 
#A
(615) 315-8888

Mas Fresco Market
mazfresco.com
3953 Nolensville Pike
(615) 285-4008

Mazi International Food
Market
mazi-international-food-
market.business.site.
com
360 Elysian Fields Court
(615) 833-2775

Mercado la Hacienda
Panaderia y Carniceria
lahaciendainc.com
2615 Nolensville Pike
(615) 256-5066

Mi Tierra Supermercado
5140 Nolensville Pike (615) 445-4569

Newroz International Market
facebook.com/Newroz-market-
Kurdish-253986921420209
393 Elysian Fields Court
(615) 333-0037

Patel Brothers
patelbros.com
4043 Nolensville Pike
(615) 833-1555

Rajdhani Groceries and
Cafe
rajdhanigc.com
5604 Nolensville Pike
(615) 610-2885

Sulav International Market
facebook.com/pages/Sulav-
International-
Market/128742867175034
4647 Nolensville Pike (615) 915-2557

Supermercado Latina
4539 Nolensville Pike
(615) 837-3739

Tara International
Market
3721 Nolensville Pike
(615) 832-2750

TN Oriental Market
5574 Nolensville Pike
(615) 891-2449

Zomi Oriental Market
facebook.com/jvsummang
415 Harding Place
(615) 645-5135

Flatrock Coffee, Tea
and More
flatrockcoffee.com
2640 Nolensville Pike
Ste C
(615) 678-6204

Tempo
temponashville.com
2179 Nolensville Pike
(615) 750-3515

The Red Bicycle
Coffee and Crepes
redbicyclecoffee.com/
woodbine.html
2190 Nolensville Pike
(615) 454-2738
DESSERT

Cafe Mineiro Bakery
& Cafe
cafe-mineiro-bakery-and-cafenashville.sites.tablehero.com
3744 Nolensville Pike
(615) 942-6732

Baskin Robbins
baskinrobbins.com/
content/baskinrobbins/en.html#
3919 Nolensville Pike
(615) 834-2126

Dairy Queen
dairyqueen.com/us-en/?localechange=1&
4831 Nolensville Pike
(615) 831-5600

Jugos y Licuados
Michoacanos
facebook.com/pg/Jugos-y-Licuados-Michoacanos
4702 Nolensville Pike
(615) 474-1295

Krispy Kreme Donuts
krispykreme.com
408 Thompson Lane
(615) 254-5966

La Bodega de Dolce
facebook.com/bodega
deldulce
4237 Nolensville Pike
(615) 668-3576

La Colmena Candy
Store & Ice Cream Bar
lacolmenausa.com
2424 Nolensville Pike
(615) 485-5812

La Conchita Pasteleria
y Panaderia
facebook.com/La-Conchita-
Panaderia-y-Pasteleria-
499677343440484
4239 Nolensville Pike
(615) 953-7360

La Espiga Bakery,
Panaderia y Pasteleria
facebook.com/La-Espiga-Bakery-
1399571820256396
4536 Nolensville Pike
(615) 333-8040

La Michoacana Golden,
Ice Cream Shop
4862 Nolensville Pike
(615) 732-1978

La Michoacana Premium #1,
Ice Cream Shop
3763 Nolensville Pike
(615) 457-1385

Lichita Paletas y Nieves
4504 Nolensville Pike
(615) 818-4693

Panaderia la Donada
panaderia-la-dorada-
nashville.sites.tablehero.com
4835 Nolensville Pike
(615) 833-3981

Panaderia Lindsey
facebook.com/Panaderia-
Lindsey-1051046044946322/
3714 Nolensville Pike
(615) 331-0455

AFRICAN

Gojo Ethiopian Cafe
& Restaurant
gojoethiopiancafe.com
415 W. Thompson Lane
(615) 332-0710

EAST ASIAN

Capital Asian Buffet
firstpays.com/fpstaffs/capitalasianbuffet
5433 Nolensville Pike
(615) 832-5528

China Moon
chinamoon-tn.com
3979 Nolensville Pike
(615) 832-4888

Dynasty Super Buffet
5443 Nolensville Pike
(615) 832-5528

Ginger Thai
gingerthairestaurant.org
2861 Logan Street
(615) 679-9555